

# Frequent Headache Symptoms?

Your SPECIALIST recommends you take control with this free app!

- Gain valuable insights about your patterns and triggers.
- Track your symptoms and progress.
- Share your progress with your Specialist remotely.
- Join our anonymous community.



[MigraineMonitor.com](http://MigraineMonitor.com)

Connect with us on



Healthmonitornetwork®

Peel off white adhesive and place poster on the door or on the wall in one of your exam rooms.

This non-permanent poster can be removed at any time and will not damage walls.